

CAMP SOS For Survivors of Suicide Those who have lost a loved one to suicide

Camp SOS: Helping Families Move Forward in Their Grief.

A Suicide Tragically Ends One Life. It Doesn't Have to Destroy Entire Families.

A loss by suicide forever changes lives, but having access to tools that support the journey can help. CAMP SOS gives survivors support to help them travel this journey in a safe environment.

Every suicide leaves an average of six survivors. There are few resources to help these children, teens, and their families cope with the grief and loss. Camp SOS offers:

- Access to a "neutral, safe space" to have fun together in a place where it's OK to express grief
- Support from trained facilitators and volunteers (many of them survivors) who help campers listen, play, and talk through their feelings
- An opportunity to explore their grief and find new ways to interact and cope as a family

Families can share their feelings of loss and grief with each other, with trained counselors, and other families in similar situations. All facilitators are trained in grief and bereavement issues. In addition, specially trained volunteers are present throughout the weekend to listen, talk and play with the campers.

TO REGISTER

Registration is now open for camp scheduled for May 9, 10, 11, 2014 Thanks to the generosity of donors of SPAN-GA, Camp SOS for Families is offered free of charge, aside from a small registration fee of \$40 per family.

To register and download the camp forms, go to the SPAN-GA website at <u>www.span-ga.org</u> or <u>www.gspin.org</u>.

If you have any questions, contact us at campsos@span-ga.org.



Camp SOS is a partnership with Camp Twin Lakes and SPAN-GA

Activities include:

- Field Sports
- Arts and Crafts
- Ropes Course and Zip Line
- Boating
- Canoeing
- Family Activities
- Music
- Breakout Activities By Age
- Group Sharing
- and Other Activities

Each family has its own area in a shared/partitioned cabin. Attendance is limited to 30 families.

This program has been developed with fun, familyoriented activities as well as helping and healing activities to support the grief of all members of the families.

CAMP SOS will be held May 9, 10, 11, 2014

The program will start at 5pm on Friday evening and will run through Sunday at 2pm. It is an overnight camp

Camp Twin Lakes — Will-a-Way, in Ft. Yargo State Park, Winder, GA, will host CAMP SOS.

> 770-354-7616 campsos@span-ga.org www.span-ga.org www.gspin.org



Helping Families Move Forward in Their Grief

SPAN-GA is a 501C(3) organization created in 2003 to reduce completed and attempted suicide in Georgia. Its focus is on supporting survivors, empowering the suicide prevention community, and creating public awareness and public/political will to provide resources to implement the Georgia State Suicide Prevention Plan.